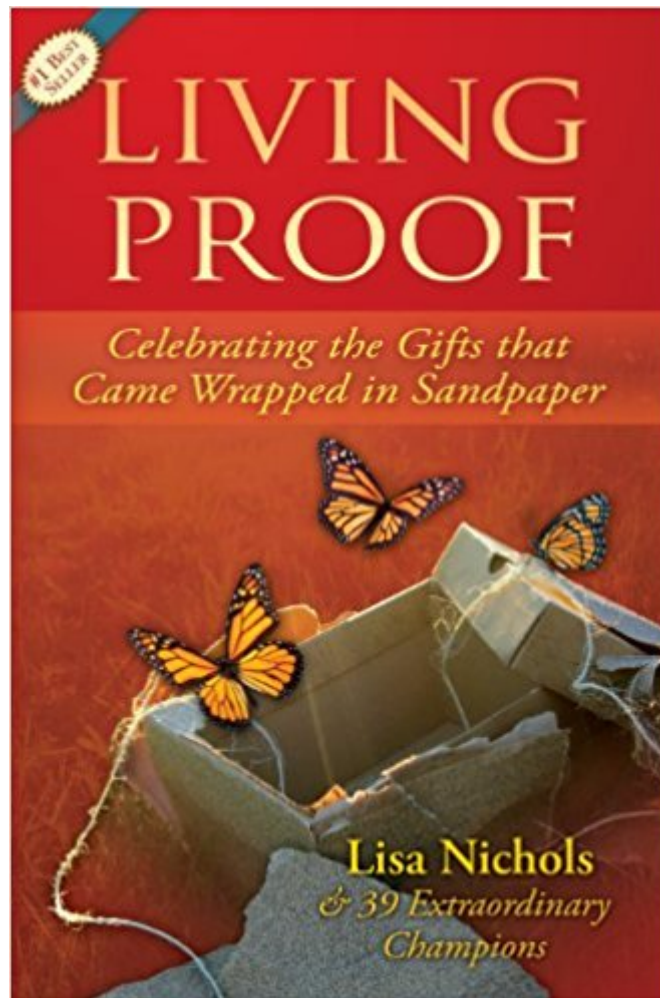




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# Living Proof: Celebrating The Gifts That Came Wrapped In Sandpaper



## Synopsis

“What I love about the human spirit is, if one person has access to it, we all do.”

• Lisa Nichols In *Living Proof*, her first anthology since the bestselling book *Chicken Soup for the African American Woman*, Lisa Nichols presents more than 35 transformational true stories of ordinary people who made the extraordinary decision not only to survive difficult challenges, but to embrace the blessings of their experiences—the gifts that came wrapped in sandpaper. In this book... Dr. Julie Thong shares her amazing story of surviving the Cambodian killing fields DC Cordova tells the story of how she overcame her deepest fears and manifested a meeting with Fidel Castro at the height of the Cold War Kim Warren-Martin, former Ms Black USA Metroplex, reveals how she survived a stalker’s attack and overcame her fears to return to the stage John McQueen conveys how the strategies he used to survive a childhood of poverty and foster care helped him succeed beyond his wildest dreams Myrtle Potter shares her story of parenting an autistic child, and how he taught her the true meaning of high-achievement

From the Introduction by Lisa Nichols: “These stories are living proof that whatever you may be going through, the darkness is only temporary it’s not your destiny. This book is proof that you are greater than your circumstances, whatever they are. You have an opportunity to turn a test into your testimony; to turn a mountain into your platform; to turn the challenges that would break you into reasons you sing, write, speak, teach; and, like the co-authors in this book, offer up your story as living proof of what is possible.”

• About Lisa Nichols: New York Times bestselling author Lisa Nichols has reached millions around the world with her powerful message of empowerment, service, excellence and gratitude. Founder of *Motivating the Masses* and CEO of *Motivating Teen Spirit, LLC*, Lisa is charismatic teacher, speaker and transformational coach. Featured in the self-development phenomenon, *The Secret*, she has appeared on *The Oprah Winfrey Show*, *Larry King Live* and on NBC’s Emmy Award-winning reality show, *Starting Over*. Her book *No Matter What!* hit six bestseller lists, including the New York Times, and has been translated into 25 languages. Lisa has been honored with many awards for her empowering work, including the Humanitarian Award from South Africa.

## Book Information

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## Customer Reviews

This book was a great read and I enjoyed reading how the co-authors overcame adversity. For the most part, I was satisfied, however, there were some people in the book who didn't reveal enough information about their lives. I understand that some things are best kept untold, but this is a book that I felt was supposed to be revealing. There was a story in the book about a lady who married a guy who she thought was "Mr. Right". Mr. Right turned out to be a phony who was a child molester and a rapist. He molested his daughter, his wife's daughter, and he raped two women. The wife and daughter confronted him and he denied the truth. The wife wanted to set him up so that he would admit to his crimes. What the story failed to do was tell what happened to the child molester. There was no mention of his arrest and how much time in prison that he received for his crimes. Another story in the book describes a situation where a lady's husband left her. The person didn't give any details as to why her husband left her, but she told about how she had bed bugs and had to move into her sister's basement until the bugs were gone. I wish that the lady would've told what she did to cause her husband to leave her. Not enough information was given and the story was vague. Overall, the book was a good read, but it left out too many details in some stories.

Some of the stories were awesome, they had me in tears. It is just most all these stories were about some type of abuse. It would have been nice to see a greater variety of stories. Every story had a way to contact the authors which was a nice touch. Well worth reading. Chris Wodke  
Author Running for My Life-Winning for CMT.

This book is a pocket full of inspiration, I absolutely read everything and then certain stories I had to reread because it touched my spirit and gave me that glimpse of hope that we all need from time to time. Pay special attention to the contributions from Helen Delahoussaye and John McQueen - awesome, awesome. thank you Lisa Nichols!

Received the book on time. Very inspirational book and easy to read. Would recommend to everyone wanting to enrich their lives.

Just another gem. Loved it

love it

This book is truly moving. One thing I've never loved about self-help books with personal narratives is the emphasis on triumph MINUS the backstory. You're rich, you're famous, you're fabulous, you're a philanthropist--that's wonderful, but how did you get there? Weren't you once just a regular human being like me? The stories in this book are from a very diverse group of people, all of whom are accomplished in some way but have also been through real trials and tribulations, some self-imposed. It was wonderful to read so many voices I connected with in their vulnerability AND strength. An inspiring read.

I normally don't read books like this. I have ADD and it's hard for me to finish any book. A friend gave it to me, and I was surprised this book really held my attention. I wanted to read every story. The stories were captivating, heartbreaking, inspirational and I wanted more. I kept coming back to the book, and when I turned the last page, I was genuinely sad it was over (and surprised I finished a whole book!).

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